

HOW TO CAPTURE SCREENSHOTS FROM DVDs AND VIDEOS ON A WINDOWS SYSTEM

To capture screenshots from DVDs or videos you will need to download and install VLC media player.

NOTE: If VLC media player is already installed please proceed to the section “Capturing screenshots from a DVD” or “Capturing a screenshot from a video file”.

VLC media player can be downloaded at:

<http://www.videolan.org/vlc/>

Installation of VLC media Player

Once the application has been downloaded, run the installer and follow the default prompts. At the end of the installation process a shortcut to the application will be placed on your desktop.

Capturing screenshots from a DVD

1. Insert the DVD into the DVD drive.
NOTE: If the DVD begins to play automatically, you will need to stop the video and quit the application before proceeding to the next step.
2. Launch the **VLC media player** application.
3. Go to the **Media** menu and select **Open Disc...**
4. Verify the **DVD** radio button is selected and click **Play**.
5. Once the DVD begins playing jump to the scene to capture and pause the video.
6. Go to the **Video** menu and select **Snapshot** (the screenshot will be saved to **My Pictures** with a default filename from the application).

Capturing screenshots from a video file

1. Launch the **VLC media player** application.
2. Go to the **Media** menu and select **Open File...**
3. Navigate to the video clip select it and click **Open**.
4. Once the video begins playing jump to the scene to capture and pause the video.
5. Go to the **Video** menu and select **Snapshot** (the screenshot will be saved to **My Pictures** with a default filename from the application).

Once the scene has been captured, the file can be edited with Adobe Photoshop or inserted into a PowerPoint or OIV presentation.